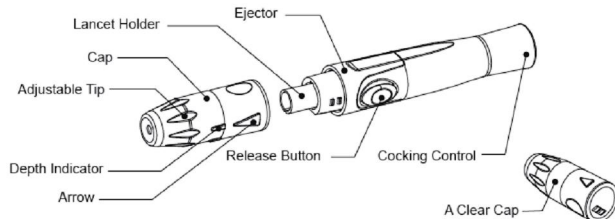


INSTRUCTIONS FOR USING EZ HEALTH® LANCING DEVICE

The EZ Health® lancing device allows you to collect your capillary blood from fingertip and alternative sites easily and virtually pain free.

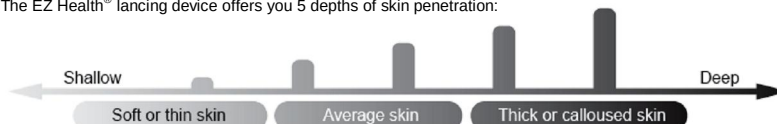


Warning!

To reduce the chance of infection:

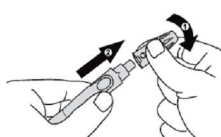
- 3 Never share a lancet or the EZ Health® lancing device.
- 3 Always use a new, sterile lancet. Lancets are for single use only.
- 3 Avoid getting hand lotion, oils, dirt or debris in or on the lancets and the EZ Health® lancing device.
- 3 The used lancet may potentially be biohazardous. Discard it according to your local regulations.

The EZ Health® lancing device offers you 5 depths of skin penetration:

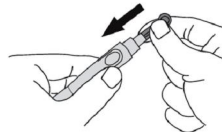


The longer the length of the indicator line, the greater the depth of penetration.

Setting up the EZ Health® lancing device



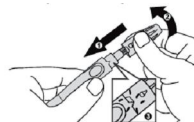
1. Twist and pull off the cap of the EZ Health® lancing device.



2. Insert a lancet into the lancet holder and push down firmly until it is fully secured.



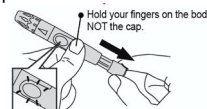
3. Twist the protective disk off the lancet.



4. Replace the cap by aligning the arrow on the cap with the release button, and then push and turn the cap.



5. Select the depth of penetration by turning the adjustable tip in either direction so that the arrow on the cap points to the desired depth.



6. Pull the cocking control back until it clicks. You will see a color change inside the release button when it is ready.

► If it does not click the device may have been cocked when the lancet was inserted

Note!

Before collecting a drop of blood:

- 3 Wash and dry your hands before you start.
- 3 Select the puncture site either at the fingertip or another part of the body.
- 3 Rub the puncture site for about 20 seconds before penetration.
- 3 Clean the site using cotton swab moistened with 70% alcohol and let it air dry.
- 3 For collecting blood samples from sites other than the fingertip, use the clear cap.



7. Lancing the finger
Press the EZ Health® lancing device's tip firmly against the lower side of your fingertip. Press the release button to prick your finger. A click indicates that the puncture is complete.



8. Remove the device from the puncture site. After penetration, remove the first drop of blood with a clean cotton swab. Gently squeeze the punctured area to obtain another drop of blood. Be careful NOT to smear the blood sample. Apply the blood to the test strip.

